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|  | ***FREEDOM***  | Supported Living |

**Mental Health**

 **Services….**

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|  **MENTAL HEALTH SERVICES** |

**Our Experience**

We provide services to individuals in their own homes, whose lives may have been affected by a mental health need, such as Personality Disorder, Schizophrenia, Obsessive Compulsive Disorder, Psychosis and bi-polar disorder. We support, Children & Families, Adults and Older People whose lives are affected by mental health issues to lead independent and fulfilling lives in their community.

We tailor-make each support package to ensure that it meets the individuals wants, needs and wishes. We believe that ONLY by adopting a truly Person-Centred Approach and by placing the individual in CONTROL of their support, can we support each individual to fulfill their dreams and reach their true potential.

We believe in devising and delivering proactive support solutions which support positive mental health and enable the individuals we support to engage fully in their local community. By regularly reviewing the support we provide, in conjunction with you and your support circle, we ensure that your support package remains effective.

Our experience in Mental Health Support Services, has seen many Individuals moving onto complete independence, living their lives free from any form of support, establishing and maintaining positive mental health, having and maintaining employment, getting married and having control over their lives.

For those individuals who have more complex needs, or perhaps challenging behaviour we have successfully worked to enable them to manage their behaviour and increase their community presence, in some cases reducing the intensity of support that is required.

We measure our success on each individuals achievement of their own goals and strive to reduce each individuals dependency so that they can reach their potential.

**Your Support**

We will work with you from the very start, putting you in control of your support right from our very first meeting. We encourage you to complete your own assessment documents and tell us what you want and need from your service. We will be there to help you as much or as little as you want. Once the assessment is completed, we may need to complete risk assessments, but again, we will involve you in this.

If you have Housing needs, we can help you to source good quality accommodation and help you secure the right benefits to pay for this.

This can take a variety of forms, including:

* **Private lets**
* **Social Landlord lets**
* **Registered Social Landlord lets**
* **Single Person tenancies**
* **Shared Tenancies**
* **Shared-ownership schemes**

Again, what is most important to us, is that you control where you live, who you live with and how you live and we view our role as facilitative and supportive.

**Our Values**

 **Respecting individuality and the choices people make**

 **Inspiring others to reach their goals**

 **Nurturing positive partnerships**

 **Realising Quality in all we do**

We are committed to working with you and those within your chosen circle of support, such as family members, friends and the professionals involved in your life, to ensure that you receive the support you want to achieve the outcomes you choose.

**Contact Us**

If you think that we may be the team you want to work with, or even if you just want to find out more, please contact us at**:**

**FREEDOM SUPPORTED LIVING LTD**

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**Or visit our website:**

[**www.freedomsupportedliving.co.uk**](http://www.freedomsupportedliving.co.uk)